

SECAB ASSOCIATION'S
A.R.S INAMDAR ARTS, SCIENCE & COMMERCE COLLEGE FOR WOMEN
NAURASPUR, HUDCO CROSS, BAGALKOT ROAD BIJAPUR-586109
AFFILIATED TO KARNATAKA STATE AKKAMAHADEVI WOMEN'S UNIVERSITY, VIJAYAPUR-586101

Ref: SARSICW/2024-25

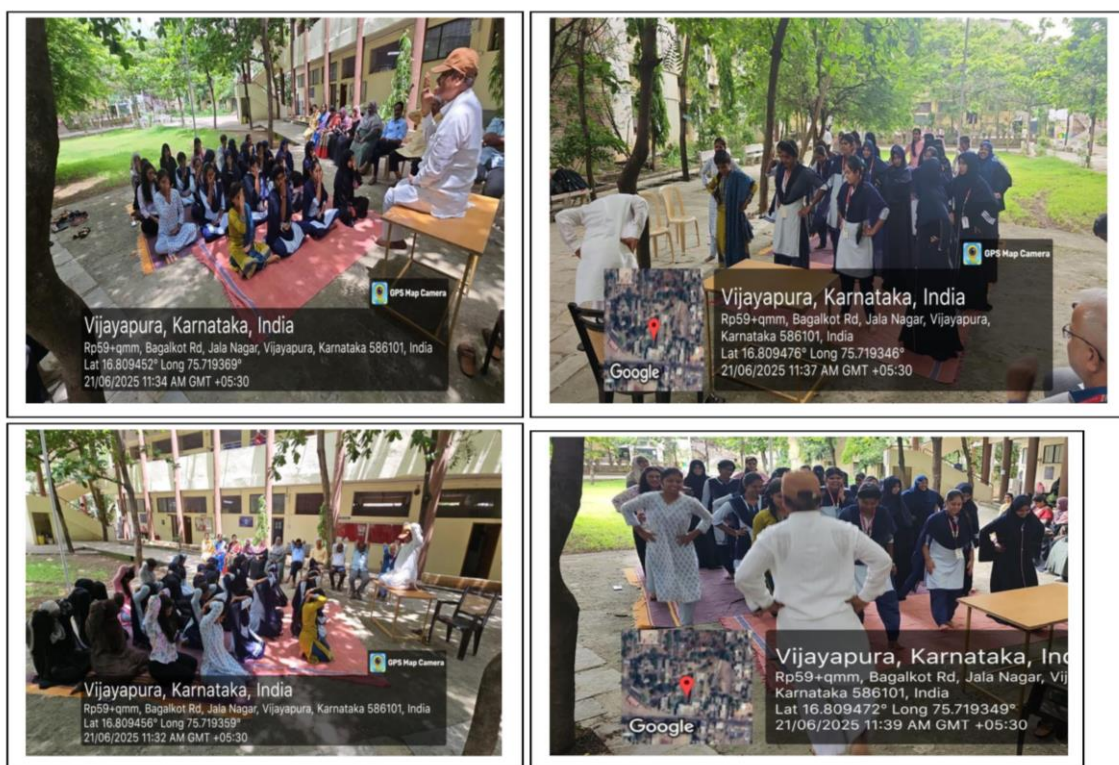
Date: 23rd June 2025

International Yoga Day

The college celebrated International Yoga Day on 21st June 2025 with great enthusiasm. The event aimed to promote physical and mental well-being among students and faculty.

A yoga session was conducted by Prof S.R.Bijapur, covering various asanas and pranayama techniques. Principal Prof. H.K. Yadahalli, Vice Principal Dr. Hajira Parveen, students and faculty members participated in the event.

The program included meditation, breathing exercises, and relaxation techniques.



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